

MANAGING  
THE CHANGE  
FOR BETTER TOMORROW




HARJYOT KAUR  
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## CHAPTER 10

### EVOLUTION AND THE FUTURE OF CRYPTO COMMODITIES

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#### **Abstract**

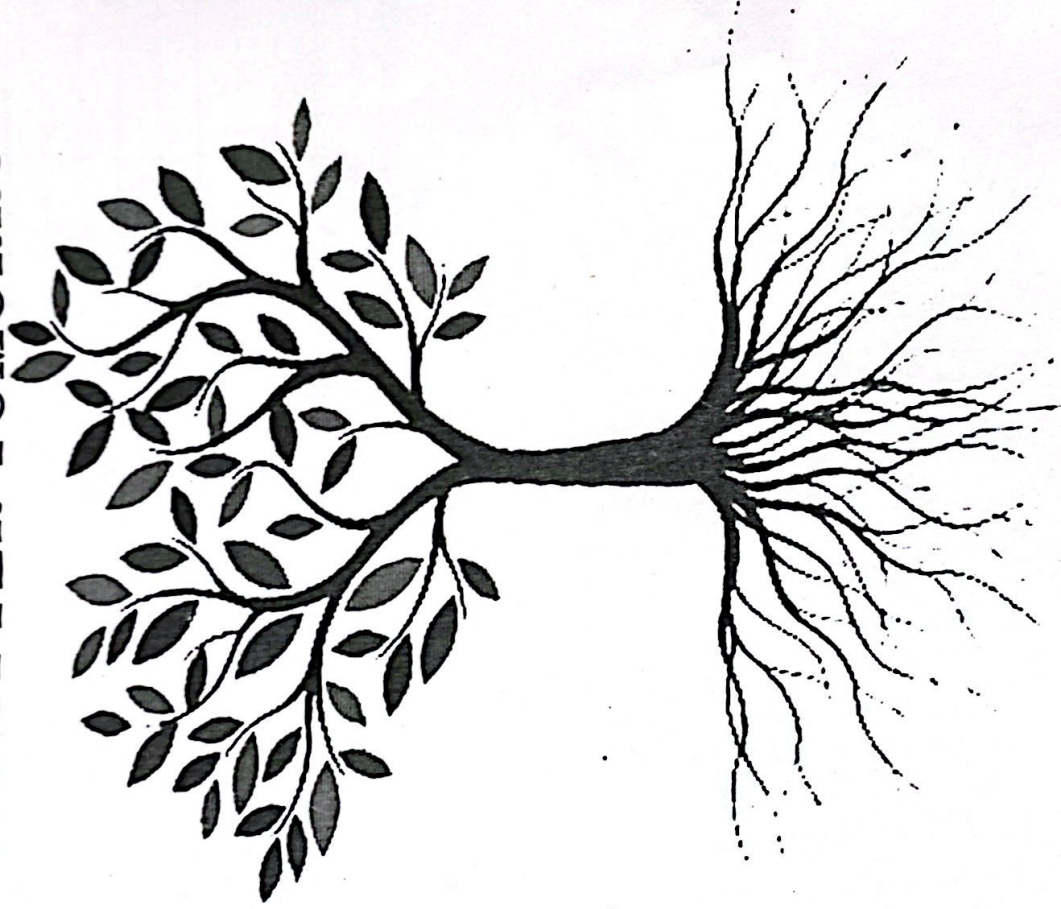
A crypto-currency is a virtual currency created and managed through advanced encryption techniques known as cryptography. Cryptography constitutes complex algorithms for various processes to secure the Crypto-transactions and to control the generation of new codes (generally known as crypto-coins). The first ever crypto-currency developed and evolved in 2009 was Bitcoin and developer named Satoshi Nakamoto is the father of Bitcoin. Bitcoin uses sophisticated algorithms like SHA-256, which is a set of cryptographic hash functions designed by the United States National Security Agency. Bitcoin is considered as a medium of exchange of base currencies of country and these exchanges are performed in the form of exchanging digital information, electricity transformed into lines of code with monetary value through a process made possible by certain principles, protocols and complex coding structures of cryptography. Since from the progression phase of Bitcoin in the crypto-currency world, the concept not remained buried and expands its horizon to other hundreds of crypto-currencies in existence today, often referred to as Altcoins and they have their corresponding monetary values in the economy of cyber world with reference to the base currency as Bitcoin [8]. This paper covers the evolution of crypto currency, its acceptance by the crypto community and the reasons for tremendous raise in its value over the couple of past years. The paper also covers the present and future derivatives of crypto market space including crypto farming / mining and crypto trading. An attempt has been made in providing overview impacts of social coercion and government policies on crypto society.

*Keywords: Crypto currency, Future Tradings, Crypto Minings, Security threats, Bitcoin, Crypto Farming and Crypto Trading*

#### **Introduction**

Virtual or crypto currency is decentralized digital form of an encrypted code transferred between peers but confirmed in overall public ledger through the process known as mining. The ever first such virtual currency developed and evolved in 2009 was Bitcoin and developer Satoshi Nakamoto. Such currency system(s) based on a reusable proof of concept was later generated by Hal Finney who followed the work of Dai and Szabo. Bitcoin uses

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# LIFE STYLE CHANGES AND HEALTH: DISEASES AFTER DIGITAL TRANSFORMATION

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## **Abstract**

Lifestyle may be defined as a way of living which reflects the attitudes, values, likes, dislikes and manners etc. Lifestyle may also be characterised in terms of the interests, judgements, behaviours, patterns of living and behavioural orientations of an individual or a group. A lifestyle typically reflects an individual's or a group's attitudes and values. Therefore, a lifestyle is a means of building a sense of self and to create cultural symbols that match with personal identity.

*Key words: Lifestyle, individuals, group.*

## **ORIGIN OF TERM "LIFE STYLE"**

The term "life style" was firstly introduced by Austrian psychologist Alfred Adler in his book, in the year 1929 "The Case of Miss R" in which it was used as "a person's basic character as established early in childhood". Lifestyle is a combination of both intangible and tangible factors. Tangible factors are related to demographic features such as an individual's age, sex, occupation, income, whereas intangible factors are concerned with the psychological aspects of an individual such as personal values, opinions, preferences, likes, dislikes and outlooks.

## **DEFINITIONS**

### **TYPES OF LIFE STYLE**

Lifestyle is the combination of physical, social, mental, economical, psychological factors along with values, interests, opinions, and behaviours of a certain individual, group or community. It is how people live their life. People all around the world have different kinds